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Document Control

Document Name	Author	Version	Date
AppsMarche Gym App	AppsMarche	1.0	3-July-2017
User Manual with new	(sales@AppsMarche.com)		
features			

1. AppsMarche Gym App

AppsMarche Gym App is a unique approach for the gym trainers and the clients who want to manage the workouts and diet plans, trainers and clients in a tech friendly and innovative manner. The app contains various features in it which makes the work to be managed properly and efficiently. Through this app the gym trainer can manage all the data of their staff which includes the trainers, personal trainers and clients. The trainers can assign the diet and workout plans to their clients easily through the gym app. The clients can see their diet and workout plans on the gym app and can work accordingly. All the functionalities of app like sending notifications, managing the diet and workout plans, adding clients and trainers, etc. are managed by Web Dashboard.

2. How to Get a Gym APP

To get a gym app, user has to sign up with us with below URL.

http://www.AppsMarche.com/gym-app-AppsMarche, and select option to Get APP.

By providing, few basic details, and making payment, user can register with us. Once payment is done, a confirmation email will be sent on registered email id which will contain the details on how to access web dashboard and credentials to access the same.

App will be uploaded on Play Store within 30-60 min duration after payment. We will send a confirmation email once it is uploaded on Play Store. Also App can be downloaded from Web Dashboard as well.





3. Web Dashboard Walkthrough

Access web dashboard with the URL shared on registered email id.

← → C 🔘 Not secure gymdashboard.appexperts.net/index.php
Login Login Login Login Login Control Select Language V Addemo.gym@gmail.com Forgot Password? Login Sign Up
Figure 1 Login Screen
Admin will see below screen after login into web dashboard. Technology
Daga -

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Figure 2 Admin Dashboard

Admin can change language of web dashboard by selecting the required language from the drop down available on top right corner.

\leftrightarrow \Rightarrow C	🕽 🛈 gymdashboard.ar	pexperts.net/gym-dashboard.php				☆ :
Ap	opsMarche	=	Select Language	• ? 🖻 🎁	& 🖂 🛇	👶 Welcome Nicholas
G	ioel Hotelware	Gym Dashboard	> Select Language French German			∰ Home
	Gym Management)	Figure 3 Chan	ge Language		•	

Note: A new feature is added in the dashboard to keep track, maintain and store all the data for every entry in order to take backup or recovery in future. No data should be deleted rather it can be either activate or deactivate from admin's end. Only activated details will be shown to user but both to admin. It is applicable for all the tabs such as assign plan, diet plan, workout plan, trainers, personal trainers, promotion, feedback, banners and so on.





To view all the assigned plans to the clients, Admin can select **Assign Plans** from the navigation menu on left

\leftarrow \rightarrow C (i) gymdashb	oard.app	experts.r	net/all-assign-pla	n.php							☆ :
AppsMarche		=					Select Language 🔻 🤈	ē 🗂 ,	\$ 🖂 🤆	🕑 👶 Welco	ome Nicholas
Goel Hotelware		Assi	gn Plans								🚳 Home
 Dashboard Assign Plans 	< <	+									*
Diet Plans	<	#	Client Name	Email	Joining Date	Assign Diet Plan	Assign Workout Plan	Detail	Status		
Workout Plans	<	1	Ashley Mark	mark@gmail.com	2010-09-12	Assign Diet plan	Assign Workout plan	Show Detail	Activate	Deactivate	
Trainers	<	2	John Vins	abhi123@gmail.com	2017-04-27	Assign Diet plan	Assign Workout plan	Show Detail	Activate	Deactivate	
Personal Trainers Clients	< <	3	Maria	demo.gym@gmail.com	2015-03-21	Assign Diet plan	Assign Workout plan	Show Detail	Activate	Deactivate	
Categories	<									Firet 1 Last	
- Ⅲ Sub Categories	<										
🖾 Banners	<										
📰 Report	<										
▲ Notification	<										¥
		Copyrig	ght © 2015-2016 E	Bell Technology All rights reser	rved.						



To view the details of the clients, Admin can click on the show detail option.

\leftarrow \rightarrow C \bigcirc gymdash	board.app	experts.net/client-detail.php?id=1	11					☆ :
AppsMarche				Select Langua	, 🤊 🖻 🗂	° 🖂	\oslash	🐌 Welcome Nicholas
Goel Hotelware		Client Details						🆚 Home
DashboardAssign Plans	< <	Back						Î
Diet Plans	<	Name	Ashley Mark	Medical Ailment	asd			
Workout Plans	<	Mobile	+61 7654 3210	Email	mark@gmail.com			
嶜 Trainers	<	Password	121212	Height(In cm)	123			
💩 Personal Trainers	<	Weight(In Kg)	234	Gender	Female			
A+ Clients	<	Prefer Time	Morning	Food Type	Veg			
Categories	<	Dob	12/09/2010	Bmi	154.66983938132			
Sub Categories	<	Joining Date	2010-09-12	Payment Date	2010-09-12			
Banners	<	Total Fee		Fee Paid	345			
E Report	<	Package Name	Summer package	Diet Name	new diet			
A Notification	<	Work Plan Name		Trainer Name	Emily			
		Training Type	general	Address	1 Argishtii St, Yerevan, Armenia,Yerevan,Armenia			
		Image	0					-
		Copyright © 2015-2016 Bell Tech	nology All rights reserved.					

Figure 5 Details of the clients



The Admin can assign the diet plan to the client by clicking on the Assign Diet Plan option available on the screen.

← → C ③ gymdashboard.appexperts.net/assign-diet.php?id=14

\leftarrow \rightarrow C (i) gymdashbo	$\leftarrow \rightarrow \mathbb{C}$ ($\hat{\mathbb{O}}$ gymdashboard.appexperts.net/assign-diet.php?id=14							
AppsMarche	=	Select Language	7 🖻 🗯 🦨 🖂 🛇	👵 Welcome Nicholas				
Goel Hotelware	Assign Diet Plan			🚳 Home				
Dashboard	Custom Diet Plan							
🇱 Assign Plans	< Diet Plan Name	Height (In Cm)	Weight (In Kg)					
Diet Plans	×	165	60					
Workout Plans	< Diet From	Diet To	Message					
Trainers	mm/dd/vvvv	mm/dd/yyyy						
Personal Trainers								
Categories	Client Image							
Sub Categories	Image (200 width & 200 height) (Maximum Size 3MB)							
Banners	< <u>(1)</u>							
≣ Report	<							
A Notification	< Assign Diet Plan							
				T				
	Copyright © 2015-2016 Bell Technology All rights reserved.							

Figure 6 Assign Diet Plan

The admin can customize the diet plan by clicking on the **+ icon** given there.

\leftarrow \rightarrow C (i) gymdashboard.	ppexperts.net/addcustom-dietplan.php?id=14		☆ :
AppsMarche	=	Select Language 🔻 곗 🔂 🎁 🔅 🞞 ⊘ 🌲	Welcome Nicholas
Goel Hotelware (Gym Management)	Custom Diet Plan		ange Home
 Dashboard Assign Plans 	All Assign		- 1
Diet Plans <	Assign Custom Diet Plan		
■ Workdut Plans Trainers	Enter Custom Diet Plan Name		
Personal Trainers <	Height (In Cm)	Weight (In Kg)	
	165 Break Fast	60	
Banners <	Enter breakfast item		
■ Report < ▲ Notification <	Morning Snack Enter morning snacks item		
	Lunch		•

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Figure 7 custom diet plan

The Admin can assign the workout plan to the client by clicking on the Assign Workout Plan option available on the screen.

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, o gymaashboard	d.appexperts.net/assign-work-plan.php?id=1	4		☆ :
AppsMarche	=		Select Language 🔻 곗 🔂 🎁 🦑 🚍] 🕢 👶 Welcome Nicholas
Cool Hotohyara	Assign Work Plan			∰a Home
(Gym Management)				^
🚯 Dashboard 🛛 🗠	< Back			
🗰 Assign Plans 🔹	< Name	Height (In Cm)	Weight (In Kg)	
Diet Plans 🔹	<	▼ 165	60	
Workout Plans <	<	To Date		
🚰 Trainers 🔹	< From Date	To Date	Message	
Personal Trainers	< mm/dd/yyyy	mm/dd/yyyy		A
Lients ·	< Client Image			
Categories <	Choose File No file chosen			
Sub Categories	Image (200 width & 200 height) (M	laximum Size 3MB)		
Banners				
Report ·	< No. 1997			
A Notification	< Assign Workout Plan			
	0			

Figure 8 Assign Work Plan

To add new client, Admin has to use + button given on screen

← → C ① Not sec	ure gym	dashboard.appexperts.net/add-client.php									₽☆:
AppsMarch	e	=			Select Language 🔻	?	ē	ii 3	>	0	Welcome Nicholas
Goel Hotelware (Gym Manageme 2 Dashboard 3 Assign Plans	ent) < <	Client Back									B Home
 ■ Diet Plans ■ Workout Plans Trainers 	< < <	Add Client Name Client Name	Medic	al Ailment Medical Ailment		Mobil ر	e Client I	Mobile			
 Personal Trainers Clients Categories 	< < <	Email Client Email	Passw	Client Password		heigh &	t Client I	Height(in C	m)		
 Sub Categories Banners Report 	< < <	Weight Client Weight(in Kg) Payment Date	DOB Packa	mm/dd/yyyy ge Name		Traine	mm/d	d/yyyy			
A Notification	<	mm/dd/yyyy Trainer Type	Sel Addre	ect Package Name	v	Sel	ect Traine	er Name			
		Select Training Type Copyright © 2015-2016 Bell Technology All rights re	• A	Client Address							•



To view all the Diet plans, Admin can select **Diet Plans** from the navigation menu on left



← → C ① gymdashb	oard.appex	(perts.n	et/all-diet-plan.ph	p							
AppsMarche	=	=					Select Language 🔻	? 🖻	ii 🌮		Welcon
Goel Hotelware		Diet	Plan								đ
	< <	+]								
📰 Diet Plans	<	#	Dietplan Name	Breakfast	Morning Snack	Lunch	Afternoon Snack	Dinner	Status		Action
	< <	1	new diet	oats	fruits	rice	salad	milk	Activate	Deactivate	Ø
💩 Personal Trainers	<	2	new diet plan	sandwitch	fruits	Bread with fruit salad	Salad	N/A	Activate	Deactivate	
 ♣+ Clients ➡ Categories 	< <	3	latest diet	cornflakes	oats	2 Breads with green vegitable	fruits	coffee	Activate	Deactivate	Ø
Sub Categories	<	4	my new diet	milk	Green tea	Brown bread with eggs	maggie	fruits	Activate	Deactivate	
🖾 Banners	<										
■ Report▲ Notification	< <									First	1 Last

The Admin can edit or update the diet plan by clicking on the **edit icon**.

←	ightarrow C (i) gymdashbo	ard.appe	xperts.net/diet-plan-edit.php?id=17						☆ :
	AppsMarche	:	=		Select Language	? È	్లి	🕹 w	elcome Nicholas
	Goel Hotelware		Diet Plan						a∰a Home
-	Gym Management) Dashboard	<	Back						
	Assign Plans Diet Plans	< <	Edit Diet Plan						_
≡	Workout Plans	<	Diet Plan Name		Break Fast				
*	Trainers	<	Slim fit		MilkJuice				
&	Personal Trainers	<	Morning Snack		Afternoon Snack				
2	- Clients	<	Bread		Green tea				
=	Categories	<	bicad		orcentea				
	Sub Categories	<	Lunch		Dinner				
P.	Banners	<	Chapati with salad		Chapati salad Dal				
=	Report	<		h					11
A	Notification	<	Update Diet Plan						•
			Copyright © 2015-2016 Bell Technology All right	s reserved.					

Figure 11 Edit Diet Plan

To add new diet plans, Admin has to select + button from the diet screen

→ C ③ gymdasht	oard.appex	perts.net/add-new-dietplan.php		☆ :
AppsMarche	=		Select Language 🔻 🤈 🖻 🎁 🧬 📖 🧭) 👵 Welcome Nicholas
Goel Hotelware	(Diet Plan		🙆 Home
(Gym Managemen	t)	Pack		^
Dashboard	<	Dath		
Assign Plans	<	Add Diet Plan		
Diet Plans	<			
Workout Plans	<	Diet Plan Name	Break Fast	
Trainers	<	Enter dietplan name	Enter breakfast item	
Personal Trainers	<	Morning Snack	Afternoon Snack	
Clients	<	Enter morning snacks item	Enter afternoon snack item	
Categories	<			
Sub Categories	<	Lunch	Dinner	
Banners	<	Enter lunch item	Enter dinner item	
Report	<		<i>A</i>	
Notification	<	Add Diet Plan		
		Add Diet Flan		

Figure 12Add new Diet Plan

Δ

To view the workout plans, Admin has to select **Workout Plans** from the navigation menu on left

igstarrow igstarro	ppexperts	.net/all-workplan.php										☆ :
AppsMarche	≡						Select Languag	e 🔻 🤈	ē i	् 🖂	🕢 🕉 Wel	come Nicholas
Goel Hotelware	All	Workout plans										🙆 Home
 Dashboard < III Assign Plans < 	-	٠										*
Diet Plans <	#	Workout Plan Name	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Status		
	1	123	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Activate	Deactivate	
Trainers <	2	Plan Slim	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Activate	Deactivate	
Personal trainers Clients	3	GYM1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Activate	Deactivate	
E Categories <											First 1 Las	
I Sub Categories <												
🖾 Banners 🛛 <												
III Report <												
▲ Notification 〈												v
	Copyri	ight © 2015-2016 Bell Tech	nology All rights	reserved.								

Figure 13All Workout Plans



To add new workout plan, Admin has to click on the + icon available on the workout plan screen.

$m{\leftarrow} \ e \ m{O}$ (i) gymdashboar	rrd.appexperts.net/add-workplan.php
AppsMarche	😑 👘 Select Language 🔽 🧖 🔂 🏦 🦑 🛄 ⊘ 👶 Welcome Nicho
Goel Hotelware (Gym Management)	WorkOut Plan & Home
Assign Plans Diet Plans	Add Workout Plan
Workout Plans	< Workout Plan Name
😤 Trainers	< Enter workout plan name
 Personal Trainers Clients 	Sunday
 Categories Sub Categories 	Select category V Select category first V Select set V Select repetitions V Enter remark (Ex: 5 min) Add More Konday
Banners	Select category Y Select category first Y Select repetitions Y Enter remark (Ex: 5 min) Add More
A Notification	Tuesday
I Notification	Select category Select category first Select set Select repetitions Enter remark (Ex: 5 min) Add More
	Wednesday
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Figure 14Add new Workout Plan

NOTE:The admin can see the workout plan of each day by clicking on the day name given there.

To view the trainers, Admin has to select **Trainers** from the navigation menu on left

\leftarrow \rightarrow C (i) gymdashboa	ard.appe	xperts.n	et/all-tr	ainers.php								☆ :
AppsMarche		=				i	Select Language 🔻	? 🖻 🕯	i 🔗 🖂	\oslash	🔋 Welcor	ne Nicholas
Goel Hotelware		All Tr	aine	r							6	B Home
🚯 Dashboard	<	+										^
🗱 Assign Plans	<											
Diet Plans	<	#	Id	Name	▼ Email	• Mobile	, Detail	Status			Action	
Workout Plans	<											
替 Trainers	<	1	12	Emily	emily.ray@gmail.com	9087654321	Show Detail	Activate	Deactivate		Ø	
🎄 Personal Trainers	<	2	15	Joseph Albertus	Joseph@gmail.com	9988776655	Show Detail	Activate	Deactivate			
ᅪ Clients	<				1 40							
Categories	<									First	1 Last	
Sub Categories	<											
🖾 Banners	<											
📰 Report	<											
A Notification	<											
												_
												-
		Copyrigi	ht © 201	15-2016 Bell Technolo	gy All rights reserved.							

Figure 15All Trainers

To edit or update the trainer's information, the admin can click on the edit icon



Figure 16Edit Trainers

The admin can add the new trainers by clicking on the **+ icon** available on the trainer screen.

\leftrightarrow \rightarrow	C 🛈 Not secure	gymdashboard.appexpert	s.net/add-trainer.php					₽☆:
	AppsMarche	≡			Select Language	• ? 🖻 🗰	🔅 🖂 📀	Welcome Nicholas
Ba Da	Goel Hotelware (Gym Management) ishboard sign Plans	Trainer Back						₿ Home
II Di	et Plans	< Add Traine	r					
≡ wa	orkout Plans	< Name		Email		Password		
· 참 11	rainers	< Enter traine	r name	Enter trainer email		Enter trainer passwo	rd	
🚮 Pe	rsonal Trainers	Mobile		Experience		Address		
i Cli E Ca	ients itegories	< Enter traine	r mobile	Enter trainer experience		Enter trainer address	5	
III Su III Ba	b Categories Inners	< Image Choose File	No file chosen					
II Re	port	 Image (200 with a constraint of the constraint of the	dth & 200 height) (Maximum Size 3N	1B)				
		Copyright © 2015-2	1016 Bell Technology All rights reser	ved.				

Figure 17Add New Trainers

The admin can see the trainers detail by clicking on the **show detail** option given there.

- → C ① gymdashboard.a	ppexperts.net/trainer-detai	.php?id=12				¥ :
AppsMarche	=		Select Language 🔻	? 🖻 矓 🦑	🖂 🧭 🕹	Welcome Nicholas
Gool Hotelware	Trainer					🍘 Home
(Gym Management)	Back					*
Assign Plans <	Trainer details					
Diet Plans <	Id	12				
= workout Plans <	Name	Emily				
Personal Trainers <	Email	emily.ray@gmail.com				
– 🗜 Clients <	Password	121212				
Categories <	Mobile	9087654321				
■ Sub Categories <	Experience	6 month				
🕈 Banners 🛛 <	Address	Jaipur				
■ Report <	Image	6				
A Notification <						

Figure 18 show detail

To view Personal Trainers, the admin can click on **Personal Trainers** from the navigation menu on left.

$ullet$ $ ightarrow$ $egin{array}{c}$ $egin{array}{c} \ egin{array}{c} \ egin{$	poard.appexperts.net/personal_trainers.php	☆ :
AppsMarche	≡	Select Language 🔻 🤣 🔂 🏦 🦑 🛄 ⊘ 🌲 Welcome Nicholas
Goel Hotelware	Personal Trainer	a∰ Home
 Dashboard Assign Plans 	< <tr> c # Client Name Trainer Name Status</tr>	Action
 Diet Plans Workout Plans 	C 1 Maria Acti C 1 Maria Acti	ate Deactivate Change Trainers
 Trainers Personal Trainers 	<	First 1 Last
♣+ Clients➡ Categories		
Sub Categories Banners		
 Report Notification 		
	Convergent @ 2015-2016 Bell Technology All rights reserved	

Figure 19All Personal Trainers



The Admin can change the trainer by clicking on the **change trainer** option available on the personal trainer screen and then selecting the trainer name from the drop down list

$m \epsilon \ o \ {f C}$ (i) gymdashboa	pard.appexperts.net/change_trainer.php?id=14					☆ :
AppsMarche	≡ Select L	Language 🔻	? É	è 🗂	្លុ	👶 Welcome Nicholas
Goel Hotelware (cym Management) Cym Management) Cym Management) Cym Management Det Plans Cym Morkout Plans Cym	Change Trainer Change Trainer Change Trainer Change Trainer Change Trainers					2 Home
	Copyright © 2015-2016 Bell Technology All rights reserved.					
Figure 20Change P	Personal Trainer					

To view Clients, the admin can click on **Clients** from the navigation menu on left.

igstarrow igstarro	oard.app	experts.net/all-client.php							☆ :
AppsMarche		=			Select Language 🔻	? 🖻 🎁	。 🖂	0	Welcome Nicholas
Goel Hotelware		All Client							₿ Home
Dashboard	<								1
🗰 Assign Plans	<	•							
Diet Plans	<	# Client Name •	Mobile 🔻	Email 🔹	Joining Date 🔻	Client Details	status		Action
	<								
曫 Trainers	<	1 Ashley Mark +61	1 7654 3210 r	mark@gmail.com	2010-09-12	Show Detail	Activate	Deactivate	8
💩 Personal Trainers	<	2 John Vins +61	1 5083 3020	abhi123@gmail.com	2017-04-27	Show Detail	Activate	Deactivate	
🛃 Clients	<			00					
Categories	<	3 Maria +61	1 9637 47 0	demo.gym@gmail.com	2015-03-21	Show Detail	Activate	Deactivate	C
Sub Categories	<								
🖾 Banners	<							First 1	Last
I Report ■	<								
A Notification	<								
									_
									~
		Copyright © 2015-2016 Bell Technol	ogy All rights reserved.						

Figure 21All Clients





To view the details of the specific client, the admin can click on the **show detail** option available on the client screen.

~ →	C 🛈 gymdashboa	rd.appex	perts.net/client-detail.ph	o?id=14								☆ :
	AppsMarche	=	:			Select Language 🔻	?	6	**	្លុ	\odot	👶 Welcome Nicholas
YOUR	Goel Hotelware (Gym Management)	(Client Details									& Home
🙆 Da	ashboard	<	Back									
III As	sign Plans	<	Name	Ashley Mark		Medical Ailment	yyyug	buy				
Die Die	et Plans	<	Mobile	0422589855		Email	Ridge	D@yah	oo.com			
≡ wo	orkout Plans	<	Password	qwerty123		Height(In cm)	165					
🖀 Tra	ainers	<	Weight(In Kg)	60		Gender	Male					
an Per	ersonal Trainers	<	Prefer Time	Morning		Food Type	Not S	et				
E Ca	nterns	`	Dob	12/10/1995		Bmi	22.03	8568				
III Su	ib Categories	<	Joining Date	2016-10-20 01:35:58		Payment Date	N/A					
🗷 Ba	anners	<	Total Fee	1345		Fee Paid	456					
📰 Re	port	<	Package Name			Diet Name						
A No	otification	<	Work Plan Name	Loo Lose weight in 0 ,Lose weight in 30days	5	Trainer Name						
			Training Type	personal		Address	636 Q Boule Park, austra	uinlan vard,Br rictoria alia	ay			Ţ
		c	opyright © 2015-2016 Be	I Technology All rights reserved.								

To edit the details of the specific client, click on the edit icon available on the clients screen.

\leftrightarrow \rightarrow X (i) Not secure	gymdashboard.appexperts.net/client-edit.php?id=14		☆ :										
AppsMarche	=												
Goel Hotelware (Gym Management)	Client Back		ø& Home ↑										
Assign PlansDiet Plans	C Edit Client												
Workout Plans	Ashley Mark	yyyugbuy	% 0422589855										
Personal Trainers	< RidgeD@yahoo.com		a 165										
Lients	 ▲ 60 	12/10/1995	20 01:35:58/10/2016										
Sub Categories	< ///N/A	456	New Year party package										
Banners	 ✓ Joseph Albertus 	Personal 🔻	★ 225 Slatter Close, Abington, new south										
A Notification	C Gender Pi Male © Female ®	efer Type Morning 🔍 Evening	Food Type Veg NonVeg										
	Client Image Choose File No file chosen												
	Copyright © 2015-2016 Bell Technology All rights reserved.												

Figure 23Edit client

The new client can be added by selecting + icon available on the clients screen.

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Figure 22Client's Details





Figure 24Add Client

To view Categories, the admin can click on **Categories** from the navigation menu on left.

igstarrow igstarro	ird.appexpei	rts.ne	t/all-category.php	0											☆ :
AppsMarche	≡						S	Select Language 🔻	2 (ê 1	i 🔗		0	Welcor	ne Nicholas
Goel Hotelware	All	Ca	tegory											6	ն Home
DashboardAssign Plans	`	+													^
 Diet Plans Workout Plans 	< <	#	Name		٣	Description			Image	Stat	us			Action	
Trainers Personal Trainers	< < <	1	Yoga			This club will help you to keep your f	ìtness up t	to date.		Ac	tivate	Deactivate		8	
Le Clients	<	2	Crunches			This category will help you to stay fit				Ac	tivate	Deactivate		Ø	
 Sub Categories Banners 	< <	3	Health Club			this is health club				Ac	tivate	Deactivate		Ø	
■ Report▲ Notification	< <												First 1	Last	
															Ŧ
	Сор	yright	t © 2015-2016 Bel	ll Technology A	ll rights res	erved.									

Figure 25All Categories



The Admin can edit the categories by clicking on the **edit icon** available on the categories screen.

$m \in$ $ ightarrow$ $m C$ $\begin{tabular}{lllllllllllllllllllllllllllllllllll$	appexperts.net/category-edit.php?id=60	☆ :
AppsMarche	=	Select Language 🔻 🧖 🔂 🏦 🧔 🛄 🕢 퉣 Welcome Nicholas
Goel Hotelware (Gym Management) Dashboard < Dashboard < More Diet Plans < Workout Plans < Workout Plans < Workout Plans < Commonstant of the second s	Back Add Category Name Crunches Image Choose File No file chosen Image (200 width & 200 height) (Maximum Size 3MB) Image (200 height) (Maximum Size 3MB) Image (200 height) (Maximum Size 3MB)	Description This category will help you to stay fit
	Copyright © 2015-2016 Bell rechnology All rights reserved.	

Figure 26Edit Category

The new category can be added by selecting **+ icon** available on the categories screen.

\leftarrow \rightarrow C (i) gymdashbox	rd.appexperts.net/add-category.php	☆ :
AppsMarche	=	Select Language 🔻 🧷 🔂 🏦 🧬 🖂 🧭 Velcome Nichola
Goel Hotelware (Gym Management) B Dashboard E Assign Plans	Category Back Add Category	ب Home
 Diet Plans Workout Plans Trainers 	Name Enter Category Name	Description Category description
 Personal Trainers Clients Categories 	 Category Image 	
 Sub Categories Banners Report 	Choose File No file chosen Image (200 width & 200 height) (Maximum Size 3MB)	
 Report Notification 	Add Category	
	Copyright © 2015-2016 Bell Technology All rights reserved.	

Figure 27Add new Category



To view Sub Categories, the admin can click on **Subcategories** from the navigation menu on left.

\leftarrow \rightarrow C (i) gymdashb	oard.app	experts.net/	all-subcategory.php								☆ :
AppsMarche		≡				Select Language 🔻	? 🖻	ii 🔅		🕉 Welcome I	Nicholas
Goel Hotelware		All Sub	ocategory							£60 ⊦	Home
🚯 Dashboard	<	+									^
Assign Plans	<										
Diet Plans	<	#	Select Category 🔻	Name	Description		Image	Status		Action	
Workout Plans	<	1	Yoga	Surya Namaskar	ZXC		<u></u>	Activate	Deactivate		
👑 Trainers	<										
Personal Trainers	<	2	Crunches	Aerobics	this is evening fitness			Activate	Deactivate	8	
Lients	<										
Categories	<	3	Crunches	Zoomba	this is morning fitness			Activate	Deactivate		
E Sub Categories	<				0		ALL			6	
Banners	ì	4	Health Club	Weight Lifting	This health class will occu	r in morning for all the		Activato	Deactivate		
A Notification	Ì	-	health club	Weight Litting	registered members.	i in morning for all the		Activate	Deactivate		
									First	1 Last	
											_
		Copyright	© 2015-2016 Bell Technolo	gy All rights reserved.							
		Copyright	© 2015-2016 Bell Technolo	gy All rights reserved.							T

Figure 28All Sub Categories

The Admin can edit the sub categories by clicking on the **edit icon** available on the sub categories screen.

\leftrightarrow	C i gymdashbo	ard.appexperts.net/subcategory-edit.php?id=64
	AppsMarche	E Select Language 🔻 🤈 🔂 🎁 🔅 🖂 🕢 Welcome Nichol
	Goel Hotelware (Gym Management) ashboard ssign Plans ieit Plans orkout Plans ainers ersonal Trainers lients ategories ub Categories anners eport otification	Subcategory Edit Subcategory Select category Select category This club will help you to keep your fitness up to date. This club will help you to keep your fitness up to date. Choose File Nage Choose File Nage (200 width & 200 height) (Maximum Size 3MB) Width Subcategory
		Copyright © 2015-2016 Bell Technology All rights reserved.

Figure 29Edit Sub Category



The new sub category can be added by selecting + icon available on the sub categories screen.

\leftrightarrow \rightarrow C (i) gymdashbo	ard.appexperts.net/add-subcategory.php	☆ :
AppsMarche	=	Select Language 🔻 🤈 🔂 籠 🔅 🗔 🔗 🕹 Welcome Nicholas
Goel Hotelware (Gym Management) B Dashboard Assign Plans Diet Plans	Add Subcategory Back Add Subcategory	& Home
 Workout Plans Trainers Personal Trainers Clients Categories Sub Categories Banners 	Category Name Select category	Subcategory Name Enter subcategory name Image Choose File No file chosen Image (200 width & 200 height) (Maximum Size 3MB)
I Report ▲ Notification	Copyright © 2015-2016 Bell Technology All rights reserved.	

Figure 30Add new Sub Category

To view Banners, the admin can click on **Banners** from the navigation menu on left.

$\leftarrow \rightarrow \times$ (1) gymdash	board.ap	ppexperts.net/banner.j	ohp		☆ :
AppsMarche		=		Select Language 🔻 🤈 🔂 🎁 🧔 📿 🕹 Welcome	e Nicholas
Goel Hotelware		Banner		â	Home
 Dashboard Assign Plans Diet Plans Workout Plans 		+	Image	Status Activate Deactivate	
 Trainers Personal Trainers Clients 		2		Activate Deactivate	
 Categories Sub Categories Banners Report 				First 1 Last	
A Notification					Ţ
		Copyright © 2015-2	2016 Bell Technology All rights reserved.		

Figure 31Banners

The new banner can be added by selecting + icon available on the banner screen.

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	pexperts.net/add-bannet.php			
AppsMarche	=		Select Language 🔻 🤊 🔂 籠 🦑 🖂	🕢 🕹 Weld
Goel Hotelware	Banner			
(Gym Management)				
🙆 Dashboard 🗸 🗸	Back			
🗰 Assign Plans 🛛 🔍				
Diet Plans <				
≡ Workout Plans <		Your Remainin	g Space is 199 MB	
曫 Trainers 🛛 🔍	Status		Image	
🖁 Personal Trainers 🛛 🔇	atatus	-	Choose File No file chosen	
🚑 Clients <	Select Status	¥	Image (400 width & 200 height) (Maximum Size 3MB)	
E Categories <				
■ Sub Categories <	Upload Banner			
🛛 Banners 💦 <				
III Report <				
A Notification <				



The admin can generate the transactional report by selecting **Report** then **Transaction Report**

\leftarrow	C i gymdashboa	ard.ap	pexperts.net/tra	ansaction-r	eport.php												\$:
	AppsMarche		=							Select Language	•	?	ē	్లి	\oslash	٩	Welcome Nic	holas
TUUR	Goel Hotelware		All Trans	sactior													🙆 Hor	ne
HERE	(Gym Management)		From				То		C	ana anta Dan ant								^
66 D	Dashboard	<	FIOI	mm/dd	/уууу		10	mm/dd/yyyy	Ge	enerate Report								
Ⅲ A	ssign Plans	<																
	Diet Plans	<																
≡ v	Vorkout Plans	<	No Trai	nsactio	n Availa	ble												
1 👻 T	rainers	<																
晶 P	Personal Trainers	<																
≗ + c	lients	<																
II c	Categories	<																
≣ s	ub Categories	<																
E B	Banners	<																
. III (Report	<																
A N	lotification	<																
																		*
			Copyright © 2	2015-2016	Bell Technolo	ogy All rig	hts reser	rved.										



*The admin can generate the transactional report for the specific months and years.

The admin can generate the customer report by selecting **Report** then **Customer Report**

\leftarrow \rightarrow C (i) gymdashboard	l.appexpe	erts.net/customer-report	.php					<u>ģ</u>	1
AppsMarche						Se	elect Langua	ige 🔻 곗 🔁 🎁 🧬 🖂 🕢 🌡 Welcome Ni	icholas
Gool Notelware	Al	ll Customers						₿8 Ho	ome
(Gym Management) ੴ Dashboard ≪ Ⅲ Assign Plans ↔		From mm/dd/yy	уу	To mm/dd/yyyy		Generat	e Report	I	^
III Diet Plans ✓ Workout Plans ✓ Trainers								Download Report	
💩 Personal Trainers 🛛 🤞	:	# Customer Name	Mobile	Email	DOB	Foodtype	Gender	Address	
🚑 Clients	(1 Ashley Mark	0422589855	RidgeD@yahoo.com	12/10/1995	Vegetarian	Male	636 Quinlan Boulevard,Bray Park,victoria australia	
E Categories	c	2 Satinderpal	0422589855	SweetZ@iip.net.au	05/11/1997		Male	55 Jurd Way,Areegra,south wales australia	
Sub Categories	: :	3 Hayden Ross	0422589855	SheehanS@iip.net.au	05/11/1990	VEG	Male	727 Quinlivan Way,Belconnen,new south wales australia	
≣ Report 🦂	•								
A Notification	:								

```
Figure 34Customer Report
```

*The admin can generate the customer report for the specific months and years.

To send Notifications to registered users, Admin can select **Notifications** from the navigation menu on left

\leftrightarrow \rightarrow C (i) gymdashboard.a	ppexperts.net/notification.php					☆ :
AppsMarche	=	Select Language 🔻	?	S	,	🕢 🌲 Welcome Nicholas
Goel Hotelware (Gym Management) Bashboard < Assign Plans <	Send Notification Send Message Message					øb Home
III Diet Plans III Diet Plans III Vorkout Plans III Trainers III Clients III Categories III Sub Categories III Banners	Enter message Admin Trainer Customer Send					
I≣ Report < ▲ Notification <	Copyright © 2015-2016 Bell Technology All rights reserved.					v

Figure 35Send Notifications

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The admin can take help for accessing the web dashboard by clicking on the help icon \mathcal{D} given on the top menu of the dashboard.

$\leftarrow \rightarrow 0$	C (i) gymdashboa	ard.appexperts.net/help.php					☆ :
A	ppsMarche	≡ Select Language ▼	?	ē 1	, Ç	\oslash	👶 Welcome Nicholas
TEUR	Goel Hotelware	Help					🍘 Home
HERE	(Gym Management)	User Manual					A
🚯 Dash	nboard						
III Assig	gn Plans						
🔛 Diet I	Plans						
≡ Work	kout Plans						
管 Train	ners						
🖁 Perso	onal Trainers	View User Manual					
🚑 Clien	nts						
📰 Categ	gories						
🔳 Sub 0	Categories						
🔛 Bann	ners						
📰 Repo	ort						
A Notif	fication						
							*
		Convertight © 2015-2015 Boll Technology All sights recorded					
		copyright © 2015-2016 ben rechnology An rights reserved.					
					_	 	IPMsg (member:9)

Figure 36 help

The admin can see all the packages by clicking on the **packages icon E** given at the top of the screen

$ullet$ $ ightarrow$ $egin{array}{c}$ $egin{array}{c} \ egin{array}{c} \ egin{$	oard.app	experts.n	et/all-packages.php					\$:
AppsMarche		=				Select Language 🔻 🤈	6 🗯 🤣 🖂 📿) 👶 Welcome Nichol	as
Goel Hotelware		All Pa	ackages					🚳 Home	
 Dashboard Assign Plane 	<	+						Â	
Diet Plans	<	#	Name	Price	Duration	Status	Action		
Workout Plans Trainers	< <	1	New Year party package	9000	54444	Activate Deactivate	ß		
Personal Trainers	<	2	Summer package	8000	13	Activate Deactivate	C2		
&+ Clients III Categories	< <						Fi	rst 1 Last	
Sub Categories	<								
 Banners Report 	< <								
A Notification	<								
								Ŧ	
		Copyrigh	ht © 2015-2016 Bell Technology All ri	ights reserved.					

Figure 37 packages

The admin can add the new package in the list by clicking on the **+ icon** given there.

→ C ③ gymdashb	oard.appexpe	erts.net/add-packages.php			☆ :
AppsMarche	=		Select Language	• 🤊 🖻 🕯 & 🗆 📀	👵 Welcome Nicholas
Goel Hotelware	Pa	ackage			🚯 Home
(Gym Management Dashboard	:) <	Back			A
Assign Plans Diet Plans	< <	Add Package			
Workout Plans	<	Name	Price Only Numeric		
Trainers	<	Enter Package Name	Enter Package Price		
Personal Trainers	<	Duration			
Clients	<				
Categories	<	Enter Package Duration			
Sub Categories	<				
Banners	<	Add Package			
Report	<				
Notification	<				

Figure 38add packages

Δ

The admin can edit or update the package information by clicking on the **edit icon** given there.

$ullet$ $ ightarrow$ $egin{array}{c}$ $egin{array}{c} \ egin{array}{c} \ egin{$	oard.appexperts.net/package-edit.php?id=11	☆ :
AppsMarche	≡	Select Language 🔻 🥜 🔂 👬 🔅 🗔 🔗 🕹 Welcome Nicholas
Goel Hotelware (Gym Management) Dashboard Assign Plans Diet Plans Workout Plans Workout Plans Trainers	Package Back Add Package Name Birthday party package	Home Price Only Numeric 9000
Personal Trainers Clients Categories Sub Categories Banners Report	C Duration C 13 C Add Package	
▲ Notification	< Copyright © 2015-2016 Bell Technology All rights reserved.	×

Figure 39 edit package

The admin can see the promotions by clicking on the **promotion icon** \square at the top menu.

AppsMarche	=			S	elect Language 🔻 🤗 (Ś 👬 🧏 📖 🕯	🥑 🎍 Welcome Nicholas
Goel Hotelware	All Promotion						🍪 Home
🔹 Dashboard 🛛 < 🎞 Assign Plans 🗸	+						A
Diet Plans <	# Name	Discount In(%)	Discription	Banner	Package Name	Status	Action
■ Workout Plans < Trainers < Personal Trainers <	1 Summer Package	10	this is summer promotion	Spectral	New Year party package	Activate Deactiva	te 🕜
Lents <							First 1 Last
Categories <							
■ Sub Categories <							
🕶 Banners 🛛 <							
■ Report <							
A Notification <							



The can edit the promotion by clicking on the edit icon given on the promotion page.

$\leftarrow \rightarrow \mathbf{C}$ (i) gymdashboard	appexperts.net/promotion-edit.php?id=7	<u>ណ</u>	1
AppsMarche	=	Select Language 🔻 🤣 🔂 🎬 🦑 🗔 🔗 🕹 Welcome Ni	icholas
Goel Hotelware (Gym Management)	Promotion Back Edit Promotion Name 3 months Bonanza Description It will cut off your cost to 30 percent Bannerimage Choose File No file chosen Image (200 width & 200 height) (Maximum Size 3MB)	Discount In(%)Only Numeric 345 Package Name Birthday party package	ame and a second s
	Copyright © 2015-2016 Bell Technology All rights reserved.		

Figure 41 edit promotion

They can add the new promotion by clicking on the **+ button** given there.

AppsMarche	=	Select Language 🔻	🤊 🔁 🎁 🤣 📖 ⊘ 👶 Welcome Nicholas
Contractioners	Promotion		🖧 Home
(Gym Management)	Back		Î
 Assign Plans Diet Plans 	Add Promotion		
	Name	Discount In(%)Only Numeric	
📽 Trainers	Enter promotion title	Enter promotion discount	
🗟 Personal Trainers 🛛 🖓	Description	Package Name	
Left Clients	Enter Promotion description	Select Package Name	•
Categories			
Banners			
Report	Bannerimage		
A Notification	Choose File No file chosen		
	Image (200 width & 200 height) (Maximur	n Size 3MB)	
	Add Promotion		

Figure 42 add promotion

The admin can see the services list by clicking on the services icon see the services list by clicking on the services icon

$m{\epsilon} ightarrow m{C}$ (i) gymdashbo	ard.appe	xperts.	s.net/a	all-service	s.php																			☆	:
AppsMarche	=	=											Selec	t Langua	age 🔻	?	Ē		్హి		\oslash	\$	Welcon	ne Nicł	nolas
Goel Hotelware		All S	Serv	vices																			đ	b Hom	ie
DashboardAssign Plans	< <	+	+																					A	
Diet Plans	<	#	ŧ N	lame	0	Description	n				Pac	ckage I	Name			Fee	Stat	us				Act	ion		
Workout Plans Trainers	< <	1	F	ree Trial	т	The initial 7	7 days will	l be on n	no cost ba	asis	Nev	w Year	party pac	kage		0	Ac	tivate	Deac	tivate		G	r		
🎄 Personal Trainers	<																				First	1	Last		
🚑 Clients	<																								
Categories	<																								
Sub Categories	<																								
🖾 Banners	<																								
I Report	<																								
A Notification	<																							-	r
	(Copyri	ight @	2015-20	16 Bel	ll Technolo	o <mark>gy</mark> All rig	;hts reser	rved.																



They can edit the services information by clicking on the **edit icon** given there.

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igstarrow o X (i) gymdashboard.a	ppexperts.net/services-edit.php?id=7	
AppsMarche	=	Select Language 🔻 곗 🔂 🎁 🦑 🖂 🥥 🕹 We
Goel Hotelware	Services	
(Gym Management)		
🚯 Dashboard 🛛 🗸	Back	
🗰 Assign Plans 🛛 🔍	Add Carrier	
Diet Plans <	Add Service	
	Name	Package Name
🚰 Trainers 🛛 <	Free Trial	New Year party package
🎄 Personal Trainers 🛛 <	Faas	Description
🚑 Clients <	500	The initial 7 days will be on no cost basis
E Categories <	500	The initial 7 days will be of no cost basis
■ Sub Categories <		
🖾 Banners 🛛 <	Update Service	
E Report <		
A Notification <		

Figure 44 edit service

They can add the new services by clicking on the **+ button** given there.

$m{\leftarrow} \ e \ \mathbf{C}$ (i) gymdashboard.a	ppexperts.net/add-service.php	☆ :
AppsMarche	=	Select Language 🔻 🤣 🔂 🏦 😿 🖂 🥥 👶 Welcome Nicholas
Goel Hotelware (cyrn Management) Ø Ø Assign Plans Ø Diet Plans Ø <	Service Back Add Service Enter service name Fees Enter service fees Add Service	Package Name Select Package name Description Enter service description
		v
gymdashboard.appexperts.net/all-workp	Copyright © 2015-2016 Bell Technology All rights reserved.	

Figure 45 add services

The admin can see the feedback of the users or trainers by clicking on the **feedback icon** at the top menu



AppsMarche ← → C () gymdashboard.appexperts.net/all-feedback.php ☆ : Select Language 🔻 🦿 🔂 🏥 🤣 🥅 🕢 🕹 Welcome Nichola AppsMarche Feedback 🙆 Home Goel Hotelware Dashboard Feedback Name Rating Status # 1 Maria Good approach 4 Activate Deactivate Diet Plans Activate Deactivate 2 John Vins Good approach 5 🕍 Trainers First Last 🔒 Personal Trainer 2+ Clients Categories Sub Categories Banners E Report A Notification Copyright © 2015-2016 Bell Technology All rights reserved.

Figure 46 feedback

The admin can view their profile by clicking on **his name** at the top right corner and then selecting the **profile**.

\leftrightarrow \rightarrow C (i) gymd	lashboard.ar	ppexperts.net/user_profile.php		☆ :
AppsMarc	he	=		Select Language 🔻 🥠 🔂 籠 🔅 🛄 ⊘ 🕹 Welcome Nicholas
Goel Hotelwar	re	Nicholas Gerard Profile		🕸 Home
(Gym Manage Dashboard	ement) <		Personal Details	Business Details Transaction Details Storage
Assign Plans Diet Plans			Name	Nicholas Gerard
■ Workout Plans		Nicholas Gerard	Mobile	0422589855
 Trainers Personal Trainers 		Logout	Alternate Mobile	0462804047
♣+ Clients ■ Categories		About Nicholas Gerard	Email	AMdemo.gym@gmail.com
E Sub Categories		Email-Id	DOB(DD-MM-YY)	1991-10-19
Report		Amdemo.gym@gmail.com	State	Australia
A Notification		98 Harris Circuit, Aberfoyle, victoria, Australia, 302015	City	victoria
			Zip Code	302015
		Copyright © 2015-2016 Bell Technology All rig	ghts reserved.	

Figure 47 profile

4. Admin Mobile App Walkthrough

Admin mobile app splash screen appears when user open the app







Navigation menu appears when admin click on the 3 parallel bar icon on the top left of the app.



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Admin can see the member details by clicking on the members name shown on the list.



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The admin can see the trainer list by clicking on the **Trainers** in the navigation menu.

	≡ Trainers :	
	Joseph Albertus +61 8877 8877	
	Figure 54 trainers	
The admin can see the trainer det	ails by clicking on their name	
	≡ Trainers :	
To	Name Joseph Albertus Email +61 8877 8877	
IC	Address 3994 Thompson Drive,San Francisco,California Experience 2 years	JUJY
(CALL MESSAGE EMAIL	
(CLIENTS UNDER TRAINER)
	Developed By ppsMarche	
	Figure 55 trainer details	Page - 33
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The admin can see the clients under that trainer by clicking on the **Clients under Trainer** Button in the above screen.

≡ Diet Plan	÷
Ashley Mark	
	_
Figure 56 client under trainer	

The admin can see the category of different exercise by clicking on the **Category** in the navigation menu.



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	E Categories :	
	Exercise Aerobics Description this is evening fitness	
	Exercise Zoomba	
	this is morning fitness	
	a second a second	
	Developed By AppsMarche	
	Figure 58 exercise under category	
in can see the services	Figure 58 exercise under category offered by gym by clicking on the services	s in the navigation m
in can see the services	Figure 58 exercise under category offered by gym by clicking on the services E Services E	s in the navigation m
in can see the services	Figure 58 exercise under category offered by gym by clicking on the services E Services I Free Trial E E E	s in the navigation m
in can see the services	Figure 58 exercise under category offered by gym by clicking on the services Services Free Trial Description	s in the navigation m
in can see the services	Figure 58 exercise under category offered by gym by clicking on the services Services : Free Trial Description The initial 7 days will be on no cost basis Fee	s in the navigation m
n can see the services	Figure 58 exercise under category offered by gym by clicking on the services Image: Services Image: Services Image: Free Trial Image: Services Image: Services Image: Services	s in the navigation m
in can see the services	Figure 58 exercise under category offered by gym by clicking on the services Services : Free Trial Description The initial 7 days will be on no cost basis Fee 500	s in the navigation m
in can see the services	Figure 58 exercise under category offered by gym by clicking on the services Services : Free Trial Description The initial 7 days will be on no cost basis Fee 500	s in the navigation m
in can see the services	Figure 58 exercise under category offered by gym by clicking on the services Services : Free Trial Description The initial 7 days will be on no cost basis Fee 500	s in the navigation m
in can see the services	Figure 58 exercise under category offered by gym by clicking on the services Services : Free Trial Description The initial 7 days will be on no cost basis Fee 500	s in the navigation m
in can see the services	Figure 58 exercise under category offered by gym by clicking on the services Services : Free Trial Description The initial 7 days will be on no cost basis Fee 500	s in the navigation m
in can see the services	Figure 58 exercise under category offered by gym by clicking on the services Services : Free Trial Description The initial 7 days will be on no cost basis Fee 500	s in the navigation m
in can see the services	Figure 58 exercise under category offered by gym by clicking on the services Services :	s in the navigation m
in can see the services	Figure 58 exercise under category offered by gym by clicking on the services Services :	s in the navigation m
in can see the services	Figure 58 exercise under category offered by gym by clicking on the services Services • • • • • • • • • • • • • • • • • • •	s in the navigation m



The admin can see the diet plan of all the users by clicking on the **Diet plan** in the navigation menu.

≡	Diet Plan	:
	Ashley Mark	
	Maria	
	Developed By ppsMarche	
	Figure 60 diet plan	

By clicking on the users or client name the admin can see their diet plan history and current plan assigned.

	≡ Diet Plan :
	Current Assigned DietPlan
	Date From N/A Date To N/A
2(Diet Plan History
	Date From 12/12/2016 Date To 12/01/2017
	Figure 61 current n past diet plan

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AppsMarche		
	≡ Diet Plan :	
	Breakfast	
	text breakfast	
	Morning Snacks	
	text morning snacks	
	Lunch	
	text lunch	
	Evening Snacks	
	text evening snacks	
	Dinner	
	text dinner	
	Developed By AppsMarche	
	Figure 64 diet plan	

By clicking on the date of workout plan history the will be taken to the next screen which categories the diet plan according to different day.



They can see the work plan of any day by clicking on the that they icon

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	≡	Work Pla	an	÷
		Name	Surya Namaskar	
		Quantity	2	
		Repeats	3	
		Remark	abcde	
	ſ	Developed By 📐	ppsMarche	
	Fi	iaure 66 w	ork plan	

The admin can change the app language by clicking on the 3 vertical dot icon at the top right of the app and choose the choose language option from there.

	Gym		
Tec	Choose Langu	age You Know	DQV
	French	English	
	Figure 67	about us	

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5. Trainer Mobile App Walkthrough

Trainer Mobile App Splash Screen.



Trainer Mobile App Dashboard from where Trainer can access available options.





Trainer Profile Screen appears after selecting the user profile in the navigation menu

\equiv User Profile 👘	
	1
Vikash	
reena.singh@gmail.com	
9988778877	
Address]
Experience 2 years	
Figure 72 Trainer Profile	_

The trainer can see the **Clients** Associated with them by clicking on the **My Clients** option in the navigation menu.

	≡	My Clients	Â	
		Reena Singh Rajput reena.singh@gmail.com 9876543210		
Tec				ogy
		Developed By AppsMarche		
	Figure	73 Trainer Client Details		

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Trainer can view client details by clicking on any client from previous screen.

	Reena Singh Rajput
	Package Summer package
	Height
	Weight 234
	BMI
	154.66983938132
	Workout Plan Details Show Details
	Workout Plan : Evening
	Start Date : 2017-05-27
	End Date : 2017-05-27
	Figure 74 Client Details
Client details continued.	
	Client Details
	BMI 154.66983938132
	Workout Plan Details Show Details
	Workout Plan : Evening
	Start Date : 2017-05-27
	End Date : 2017-05-27
	Diet Plan Details Show Details
	Workout Plan : null
	Start Date :
	End Date :
	Workout History
	Diet History
	Figure 75 Client Dataile

Figure 75 Client Details





Details of workout plan for the day

Details of workout plan for the c	lay	
	■ Day Workout Details	ñ
	Name Surya Namaskar	
	Repeats 3	
	Remark abcde	
	Developed By AppaMarche	
	Figure 78 Day Work out Detail	S
he trainer can assign the workd	out routine to the user	
	= Assign	
	~	
	O	
	Set From Date	
Te	Set To Date	
	U.J. Sala	
	Height	
	Advice	
	SET WORKOUT	
	Developed By ppsMarche	
	Figure 79 assign workout	
		Page -
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=	Diet Plan Details 🛛 💣		
	ALL DIETS	MY DIETS	
	Diet Name Description	ZS dides	
	Diet Name Description	dp1 dides	
	Diet Name Description	my new diet new diet	
	Diet Name Description Plz 1	Slim fit follow this diet and get result fast	
	Diet Name Description Developed E	Good food Good for your health	
	E Diet F	Plan Details	
	Diet Name Description	ZS dides	
Teq	Diet Name Workout Plan You want to change workout plans	dp1 workout.Or want to see SHOW ASSIGN	
	Diet Name Description Piz 1	Slim fit follow this diet and get result fast	
	Diet Name Description Developed F	Good food Good for your health	

Figure 83 Assigning Plan

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Viewing details of plan by clicking on Show Button

	≡ Home n	
	Breakfast	
	ZX	
	Morning Snacks	
	ZXC	
	Lunch	
	ZXC	
	Evening Snacks	
	ZXZC	
	Dinner	
	Figure 84 Plan Details	
ssign plan by selecting a star	t and end date, also capture user basic det	ails on that day.
	Assign Assign	
	Set From Date	
To	Set To Date	
Ie	Height Weight	JOV
	Advice	- 37
	SET WORKOUT	
	Developed By AppsMarche	_
	Figure 85 Assigning Plan	
		Page
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A ppsMarche					
Sign up					
	Name			1	
	Email Address		1		
	Password				
	Mobile Number				
	Address				
	Medical Ailment				
	Date of Birth :	click to s	et date		
	Height(in	oms)	Weight(in kgs)		
	Gender	Onto	Ormula		
	You are :	O Vegetarian	O Non- Vegetarian		
	Preferred Time :		O Evening		
		All Done!		_	-
		Figure 92 sign u	р		
User Home Screen after Login					
Te	ch	n		og	
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Services offered by GYM, can be accessed by Selecting Services from Home





User can view BMI by selecting BMI option from Home Screen





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